

### Livingwell for older people

# Livingwell extracare Glasgow

Livingwell extracare is our supported living service for older people, operating city-wide.

#### **Our service**

Our service focuses on helping older people to lead healthier and more active lives. We operate seven days a week, 365 days a year, including weekends and public holidays. Our core hours are 7am to 10pm. This means we can provide a personalised supported living service to older people when they need it, and more importantly, when they want it.

We have a dedicated staff team who are skilled and fully trained to provide a high quality service to suit individual needs.

Staff continuously ensure they work in collaboration with other relevant agencies. This multi-agency approach helps individuals to stay in their own home, supports them to be part of their local community and to feel safe.

Our staff are driven by a passion to deliver an excellent housing support service. They are always looking for ways they can make the service better to ensure we provide the highest level of support.

We also provide outreach support in the wider community, from bases across Glasgow.

#### Our team

Each area has a dedicated team of staff that is coordinated by a Livingwell Manager, Team Leader and Livingwell Assistants. We have dedicated admin support as well as a Community Engagement Activity Coordinator.

#### Loretto believes everyone has the right to live well at home in a way that meets their individual needs and aspirations. This means:

- a choice of models of support
- support to play a valued role in the community
- the opportunity to stay in touch with friends and family
- the right kind of support for each individual
- the chance for family members and friends to be involved in support where the older person wants this.

#### **Positive outcomes**

We also recognise that support models and funding should be stable and sustainable but adaptable enough to meet people's changing needs.

Achieving positive outcomes for individuals within Livingwell extracare is the most important factor. Each person has a tailored, personalised outcome plan to suit their own needs and aspirations, including access to assistive/smart technology to support independent living.

#### We provide support to help individuals with:

- self-care and daily living skills
- feeling safe and secure
- living everyday life as they wish
- seeing people and social engagement
- having enjoyable things to do
- living in a pleasant environment
- staying as well as they can
- feeling part of the community.

The level of support is flexible and led by the person we work for. We review it on a regular basis to make sure it supports the individual as their needs change.

#### Care Inspectorate

The service is registered with the Care Inspectorate as a Housing Support and Care at Home Service and is subject to regulation and inspection.

The Care Inspectorate ensures that people receive the highest quality of care and that their rights are promoted and protected.

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#### Service Contact Details

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